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Recipe # 65 – Pak Choi

Preparation time: 2 min – Cooking time: 2 mins

Ingredients

3 whole pak chois
salt and pepper
50gms butter

Method

1. Place butter and pak choi in a heated pan on a hot gas at the same time
2. Season with salt and pepper, cover with lid, bring to steaming point (about 2 mins). Serve immediately.

Serves 3

