

View from the Fridge – Recipes from Brian Donkin

Recipe # 42 – Creamed Potatoes

Preparation time: 5 mins – Cooking time: 20 mins

Ingredients

4 large potatoes
½ wine glass of hot milk
50 gms of butter
Salt and pepper
Pinch of nutmeg

Method

1. Peel potatoes and cut into small chunks and place in pot
2. Cover with cold water
3. Bring to the boil and simmer for 15 minutes
4. Drain and mash the potatoes
5. Add in butter, milk, salt, pepper and nutmeg
6. Stir well and serve immediately

Serves 4

