

View from the Fridge – Recipes from Brian Donkin

Recipe # 142 – O'Brien Potatoes

Preparation time: 10 mins – Cooking time: 8 mins

Ingredients

4 Medium sized potatoes diced into large chunks
1 green pepper diced large
1 red pepper diced large
1 clove garlic smashed
Frying oil
Olive oil
1 tspn chopped parsley
Salt and pepper

Method

1. In chip pan on medium heat place potatoes until soft but not browned
2. Remove from pan and allow to cool
3. Fry the peppers in frying pan using the olive oil
4. Add the potatoes, garlic and stir until golden brown
5. Season with salt and pepper
6. Remove and sprinkle with parsley

Serves 4 – see next page for picture

