

View from the Fridge – Recipes from Brian Donkin

**Recipe # 139 – Salad Lyonnaise**

*Preparation time: 10 mins – Cooking time: 5 mins*

**Ingredients:**

2 eggs  
2 rashers of bacon  
Mixed leaves of lettuce  
1 tomato cut into quarters  
4 slices of cucumber  
2 slices of peppers  
French dressing (see [www.leithlinks.co.uk/view](http://www.leithlinks.co.uk/view) for recipe)

**Method:**

1. Mix salad ingredients on a plate
2. Poach two eggs and lay these on top
3. Grill bacon and cut into thin strips and place these on top
4. Sprinkle with French dressing

Serves 1

