

View from the Fridge – Recipes from Brian Donkin

Recipe # 111 – Eggs West Coast

Preparation time: 5 mins Cooking time: 4 mins

(For this recipe you will first need to create Plain Muffins and Hollandaise sauce the recipes for which can be found at www.leithlinks.co.uk/fridge/view.html)

Ingredients:

2 plain muffins
4 eggs
2 long, thin slices of smoked salmon
Hollandaise sauce

Method

1. Slice the tops off the muffins
2. Half the muffins so that you have four rounds
3. Poach the eggs and while the eggs are poaching microwave the muffins for twenty seconds
4. Place smoked salmon on top of the muffins
5. Place poached eggs on top of the salmon
6. Top with hollandaise sauce and grill until golden brown (see picture below)

Serves 2

